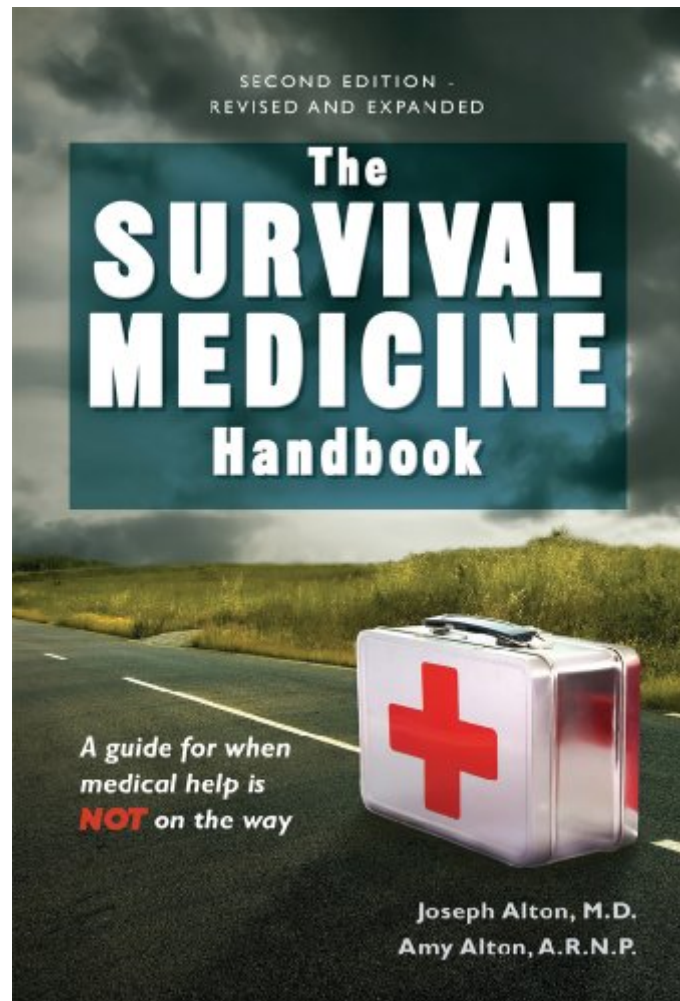


The book was found

# The Survival Medicine Handbook: A Guide For When Help Is NOT On The Way



## Synopsis

The Survival Medicine Handbook(tm) is a guide for those who want to be medically prepared for any disaster where help is NOT on the way. This book is written by Joe Alton, M.D. and Amy Alton, A.R.N.P., the premiere Medical Preparedness Professionals from the top survival medicine website [www.doomandbloom.net](http://www.doomandbloom.net). The expanded second edition of the 3 category bestseller (Survival Skills, Disaster Relief, Safety/First Aid) is geared to enable the non-medical professional to deal with all the likely issues they will encounter in catastrophic scenarios. The Survival Medicine Handbook (tm) is not your standard first aid book. It assumes that no hospital or doctor is available in the aftermath of a catastrophic event. This book will give you the tools to handle injuries and illness for when YOU might be the end of the line with regards to your family's medical well-being. In situation where medical personnel are overwhelmed and access to modern technology is limited or non-existent, The Survival Medicine Handbook(tm) is the essential reference book for every library. You'll find easy-to-read instructions on how to identify and treat over 100 different medical issues. The second edition also covers natural remedies for almost every possible medical condition in situations where modern healthcare is inaccessible. Here's just some of the topics covered: Â

MEDICAL PREPAREDNESS BECOMING A MEDICAL RESOURCE Â THE EFFECTIVE SURVIVAL MEDIC Â FACTORS TO CONSIDER WHEN PREPARING Â LIKELY MEDICAL ISSUES YOU WILL FACE Â MEDICAL SKILLS YOU WILL WANT TO LEARN Â MEDICAL SUPPLIES NATURAL REMEDIES Â ESSENTIAL OILS Â THE MEDICINAL GARDEN Â THE PHYSICAL EXAM Â THE MASS CASUALTY INCIDENT Â PATIENT TRANSPORT Â HYGIENE-RELATED MEDICAL ISSUES Â LICE, TICKS, AND WORMS Â DENTAL ISSUES Â RESPIRATORY INFECTIONS Â FOOD AND WATER-BORNE ILLNESS Â DIARRHEAL DISEASE/DEHYDRATION Â DEALING WITH SEWAGE ISSUES Â FOOD POISONING Â APPENDICITIS/ABDOMINAL PAIN Â URINARY TRACT INFECTIONS Â HEPATITIS Â PELVIC AND VAGINAL INFECTIONS Â WOUND INFECTIONS Â ABSCESSSES Â TETANUS Â MOSQUITO BORNE ILLNESS Â FUNGAL INFECTIONS Â HYPERTHERMIA (HEAT STROKE) Â HYPOTHERMIA Â ALTITUDE SICKNESS Â WILDFIRE PREPAREDNESS Â TORNADO PREPAREDNESS Â HURRICANE PREPAREDNESS Â EARTHQUAKE PREPAREDNESS Â ALLERGIC REACTIONS ASTHMA Â POISON IVY, OAK, AND SUMAC Â RADIATION SICKNESS Â BIOLOGICAL WARFARE Â MINOR WOUNDS Â MAJOR AND HEMORRHAGIC WOUNDS Â SOFT TISSUE WOUND CARE Â WOUND CLOSURE/OPEN WOUNDS Â LOCAL ANESTHESIA AND NERVE BLOCKS Â HOW TO SUTURE/STAPLE SKIN Â BLISTERS, SPLINTERS, AND FISHHOOKS Â NAIL BED INJURIES Â BURN INJURIES Â ANIMAL BITES Â SNAKE BITES Â

INSECT BITES AND STINGS Â HEAD INJURIES Â SPRAINS AND STRAINS Â DISLOCATIONS  
Â FRACTURES Â AMPUTATION Â THYROID DISEASE Â DIABETES Â HIGH BLOOD  
PRESSURE Â HEART DISEASE AND CHEST PAIN Â ULCER AND ACID REFLUX DISEASE Â  
SEIZURE DISORDERS Â JOINT DISEASE Â KIDNEY AND GALL BLADDER STONES Â SKIN  
CONDITIONS Â VARICOSE VEINS Â CPR Â HEADACHE Â EYE PROBLEMS Â NOSEBLEED  
Â EARACHE Â HEMORRHOIDS Â BIRTH CONTROL, PREGNANCY, AND DELIVERY Â  
ANXIETY AND DEPRESSION Â SLEEP DEPRIVATION Â ESSENTIAL OVER THE COUNTER  
DRUGS Â A PRIMER ON PAIN MEDICATIONS Â NATURAL PAIN RELIEF Â STOCKPILING  
MEDICATIONS HOW TO GAIN ACCESS TO AND USE VARIOUS ANTIBIOTICS, ANTI-FUNGALS  
AND ANTI-VIRAL DRUGS Â EXPIRATION DATES Take responsib

## **Book Information**

File Size: 14790 KB

Print Length: 589 pages

Page Numbers Source ISBN: 0988872536

Publisher: Doom and Bloom, LLC; Second Edition edition (January 6, 2014)

Publication Date: January 6, 2014

Sold by:Â Digital Services LLC

Language: English

ASIN: B00HQNCGM4

Text-to-Speech: Enabled

X-Ray: Enabled

Word Wise: Enabled

Lending: Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #21,478 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #3 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Safety & First Aid #8 inÂ Kindle Store > Kindle eBooks > Nonfiction > Sports > Outdoors & Nature > Hiking & Camping > Instructional #18 inÂ Books > Health, Fitness & Dieting > Safety & First Aid

## **Customer Reviews**

This is probably a decent book to have for most preppers, but I'm really not certain it was worth \$35.00. It reminds me a little of "Where There is no Doctor" (\$20.00), but for preppers . There are a lot of western, orthodox concepts that are very applicable to post-disaster medicine, as well as

some that aren't, I believe due to lack of austere medicine experience on the part of the authors. All of the information in here is available from other sources, but if it's worth it to you to have it all in one book, then by all means, spend the money. The place that the book is extremely weak is in the area of alternative medicine, which would very likely be the area that a person needs to be strongest in if there really is a full collapse. Simply stocking up on pharmaceuticals is just not any kind of answer for the long-range disaster, primarily because of the fact that every single medical situation has to then be judged from a standpoint of rationing whatever you have, all orthodox pharmaceuticals will be looted before anything else, and in a nationwide (or worldwide) collapse, there will be a LOT of need for medical help. Although the authors stress the need for hygiene, sanitation, wound cleansing, etc., the part that people really need to know is plant medicine. This is no fault of the authors - they just don't have the experience in the area, so the herbal "remedies" they list (and it is just that - bare lists) read like the typical plantain-on-bug-bites 'advice' that you can find on even the least herbal-literate websites. In other words, useless plant medicine knowledge if you really want to try to put it to the test that a post-disaster puts everything to. This kind of thing isn't an empty field of information in the USA.

[Download to continue reading...](#)

Survival Medicine Handbook: Essential Things Every Medicine Kit Needs And First-aid In Case Of Emergency: (Survival Books, Survival Guide, Survivalist, ... (Survival Skills Book, Emergency Medicine) Survival: Survival Guide: Survival Skills, Survival Tools, & Survival Tactics. Emergency Prepping, & Surviving A Disaster! (First Aid, Survival Skills, Emergency ... Medicine, Bushcraft, Home Defense Book 1) Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) The Survival Medicine Handbook: THE essential guide for when medical help is NOT on the way The Survival Medicine Handbook: A guide for when help is NOT on the way SURVIVAL MEDICINE: Your Guide to Survival Basics, First Aid and the Most Common Medical Issues Encountered In Survival Situations (Survivalist, Safety, First Aid, Emergency, Survival Skills Book 1) Survival: DIY Survival Guide - Tactics That Everyone Should Know - Learn How to Survive a Disaster (Survival, Survival Guide, Prepping, SHTF Book 1) The Ultimate Survival Guide for Beginners: The Best Tactics And Tips To Survive Urban And Wilderness Disasters (Survival Guide, Survival for Beginners, Survival books) Paracord: The Ultimate Paracord Projects - Learn How To Use Paracord For Survival (Survival Guide, Bracelet And Survival Kit, Prepper's Survival) Bushcraft Survival Guide: Important Bushcraft Skills To Survive In The Wild: (Bushcraft Outdoor Skills, Bushcraft Carving, Bushcraft Cooking, Bushcraft ... Survival Books, Survival, Survival Books) SURVIVAL:

Survival Pantry: A Prepper's Guide to Storing Food and Water (Survival Pantry, Canning and Preserving, Prepper's Pantry, Canning, Prepping for Survival) Build a Survival Safe Home: The Latest Guide for Building Safe and Warm Wilderness Shelters (Survival Safe Home, Survival shelter, Survival shelter books) Survival Communication: 20 Proven Lessons to Stay In Touch With Your Family When the World Goes Silent: (Prepper's Guid, Survival Guide, Survivalist, Safety, ... Survival Skills Book) (Survival Books) Survival How To Disappear Without a Trace, Find Food, Shelter and Water in Any Wilderness: (Survival Tactics, Survival Navigation) (Prepper Survival, How to Survive in The Forest) WINTER SURVIVAL COURSE HANDBOOK, SURVIVAL MANUAL, SURVIVAL GUIDE Preppers Pantry: The Ultimate Survival Guide For Emergency Water & Food Storage During An Urban Emergency (Urban Survival Pantry, Canning And Preserving, Camping, Life Saving Meals, Survival Guide) Paracord: 20 Legendary Paracord Projects With Illustrated Instructions: (Ultimate Survival Guide, College Paracord Bracelet) (Urban Survival Guide, Survival Kit) Paracord: Instructions For Creating and Crafting Survival Kits: Bracelet and Survival Kit Guide For Bug Out Bags (Survival Guide) PREPPER: Preppers Guide to Safe Survival and Self Sufficient Living (survival books, survivalism, prepping, off grid, saving life, preppers pantry, help ... preppers guide, preppers pantry Book 1) Paracord Projects: From Accessories to Survival Gear with Detailed Picture Instructions: (Bracelet and Survival Kit Guide For Bug Out Bags) (Survival in the Wilderness, Prepping)

[Dmca](#)